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## CONFIDENTIAL PATIENT INFORMATION

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*The following information is needed in order to better serve you. Please complete all questions.  
If you need help, please ask the receptionist. PLEASE PRINT*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ MSP #: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Marital Status: \_\_\_\_\_ No. of Children: \_\_\_\_\_

Referred by: \_\_\_\_\_ Relationship: \_\_\_\_\_

Your Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Years on Job: \_\_\_\_\_

Employer Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Do you have Extended Health Insurance?  Yes  No

Insurance Company: \_\_\_\_\_ Plan/Group #: \_\_\_\_\_

Name of Spouse or Parent: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Spouse's Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Describe The Major Complaints That Bring You To Our Office:

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Is Your Condition Due To An Accident?  Yes  No Date of Accident: \_\_\_\_\_

Type of Accident?  Auto  Work/Job  At Home  Other: \_\_\_\_\_

ICBC Claim # \_\_\_\_\_ Adjuster's Name: \_\_\_\_\_

*Notice to our new patients:* Full payment for services rendered is due at the end of each visit. If for any reason this request cannot be **met, arrangements must** be made in advance before seeing the doctor.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature (For Minors): \_\_\_\_\_ Date: \_\_\_\_\_



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# HEALTH HISTORY

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Name: \_\_\_\_\_

List All Current Health Problems: \_\_\_\_\_

\_\_\_\_\_

List Any Other Doctors Seen, Treatments and Results Obtained: \_\_\_\_\_

\_\_\_\_\_

Your Current Physician(s) / Therapist(s): \_\_\_\_\_

\_\_\_\_\_

List All Surgeries And Their Dates: \_\_\_\_\_

\_\_\_\_\_

List Any Medications You Are Taking: \_\_\_\_\_

\_\_\_\_\_

List Any Traumas And Their Dates: \_\_\_\_\_

\_\_\_\_\_

***Please Check The Conditions You Have Or Have Had:***

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> AIDS            | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Polio                |
| <input type="checkbox"/> Anemia          | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Rheumatic fever      |
| <input type="checkbox"/> Arthritis       | <input type="checkbox"/> Fibromyalgia        | <input type="checkbox"/> Rheumatoid arthritis |
| <input type="checkbox"/> Cancer          | <input type="checkbox"/> Hypoglycemia        | <input type="checkbox"/> Tuberculosis         |
| <input type="checkbox"/> Chronic Fatigue | <input type="checkbox"/> Multiple sclerosis  | <input type="checkbox"/> Venereal disease     |
| <input type="checkbox"/> Depression      | <input type="checkbox"/> Parkinson's disease |   |

***Please Check All Present Symptoms:***

**CARDIOVASCULAR**

- General swelling
- Swelling in legs
- Swelling in face
- Swelling around eyes
- Chest pain
- Pounding heart beat
- Rapid heart beat
- Irregular heart beat
- Blue or purple skin
- Blue or purple nail beds
- Cold hands / feet

**VERTERBROBASILAR**

- Double vision
- Loss of coordination
- Loss of memory
- Ringing in ears
- Heart attack
- High blood pressure
- Muscle weakness
- Dizziness
- Blurred vision
- Stroke
- Hypertension

- Inability to form words
- Burning sensations
- Blindness
- Previous head injury
- Previous neck injury
- Taking birth control pills
- Family history of stroke
- Blood vessel disease
- Check if you smoke
- Fainting
- Area of numbness



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# HEALTH REVIEW

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## *Please Check All Present Symptoms:*

### **Skin, Hair, Nails**

- Eczema
- Itchy skin
- Rough, scaly skin
- Dry skin
- Oily skin
- Yellow skin
- Bruise easily
- Baldness
- Paper thin nails
- Nail biting

### **Eyes**

- Blurred vision
- Double vision
- Eye fatigue
- Excessive tearing
- Lack of tearing
- Light bothers eyes
- Excessive itching
- Pain in eyeball

### **Ears**

- Loss of hearing
- Not sufficient
- Pain in ears
- Discharge from ears
- Vertigo
- Ringing in ears

### **Nose & Sinuses**

- Nose bleeds
- Pressure over eyes
- Nose obstruction
- Frequent colds
- Sinusitis
- Loss of smell
- Allergies

### **Mouth & Throat**

- Pain in throat
- Bleeding gums
- Abscessed teeth
- Dentures
- Difficulty swallowing

### **Respiratory**

- Shortness of breath
- Dry cough
- Coughing up blood
- Wheezing
- Productive cough

### **Gastrointestinal**

- Poor appetite
- Constant nibbling
- Difficulty swallowing
- Indigestion
- Nausea & vomiting
- Abdominal pain
- Change in bowel habits
- Diarrhea
- Constipation
- Hemorrhoids

### **Genitourinary**

- Urination is
- Frequent
  - Not sufficient

The amount is

- High
- Moderate
- Low
- Frequent urination at night
- Intense desire to urinate
- Difficulty urinating
- Lack of control
- Pain with urination
- Dribbling
- Bloody urine
- Cloudy urine

### **Venereal Disease**

- Syphilis
- Gonorrhea
- Other

### **Women Only**

- Painful periods
- Spotting
- Premenstrual symptoms
- Irregular periods
- Lumps in breast
- Vaginal discharge
- # of pregnancies \_\_\_\_\_
- # of deliveries \_\_\_\_\_

### **Social History**

- Smoking
- Other tobacco use
- Alcohol use
- Drink coffee or tea

Diet is

- Balanced
- Not balanced

Rest is

- Sufficient
- Not sufficient

Recreation is

- Sufficient
- Not sufficient

Family stress is

- Severe
- High
- Moderate
- Minimal
- None

My job stress is

- Severe
- Moderate
- Minimal
- None

### **Other**

- Nervousness
- Irritability
- Fatigue
- Depression
- Panic attacks
- Problems sleeping
- Generally feel run-down



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## MUSCULOSKELETAL SYSTEM

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*Please Check All Present Symptoms:*

### **Head**

- Frequent headaches
- Severe headaches
- Head feels heavy
- Vertigo
- Dizziness
- Light headedness
- Loss of taste
- Loss of smell
- Loss of hearing
- Loss of balance

### **Neck**

- Pain in neck
- Pain with movement
- Swelling in neck
- Stiffness in neck
- Pinched nerve in neck
- Neck feels out of place
- Muscle spasms in neck
- Grinding sounds in neck
- Popping sounds in neck
- Limited neck movement

### **Mid-Back**

- Mid-back pain
- Pain between shoulder blades
- Sharp stabbing pain
- Dull ache
- Pain from front to back
- Pain over kidney area
- Muscle spasms

### **Lower Back**

- Lower back pain
- Lower back feels out of place
- Muscle spasms

### **Shoulders**

- Pain in shoulders
- Pain across shoulders
- Muscle spasms
- Can't raise arm
- Above shoulder
- Above head

### **Arms & Hands**

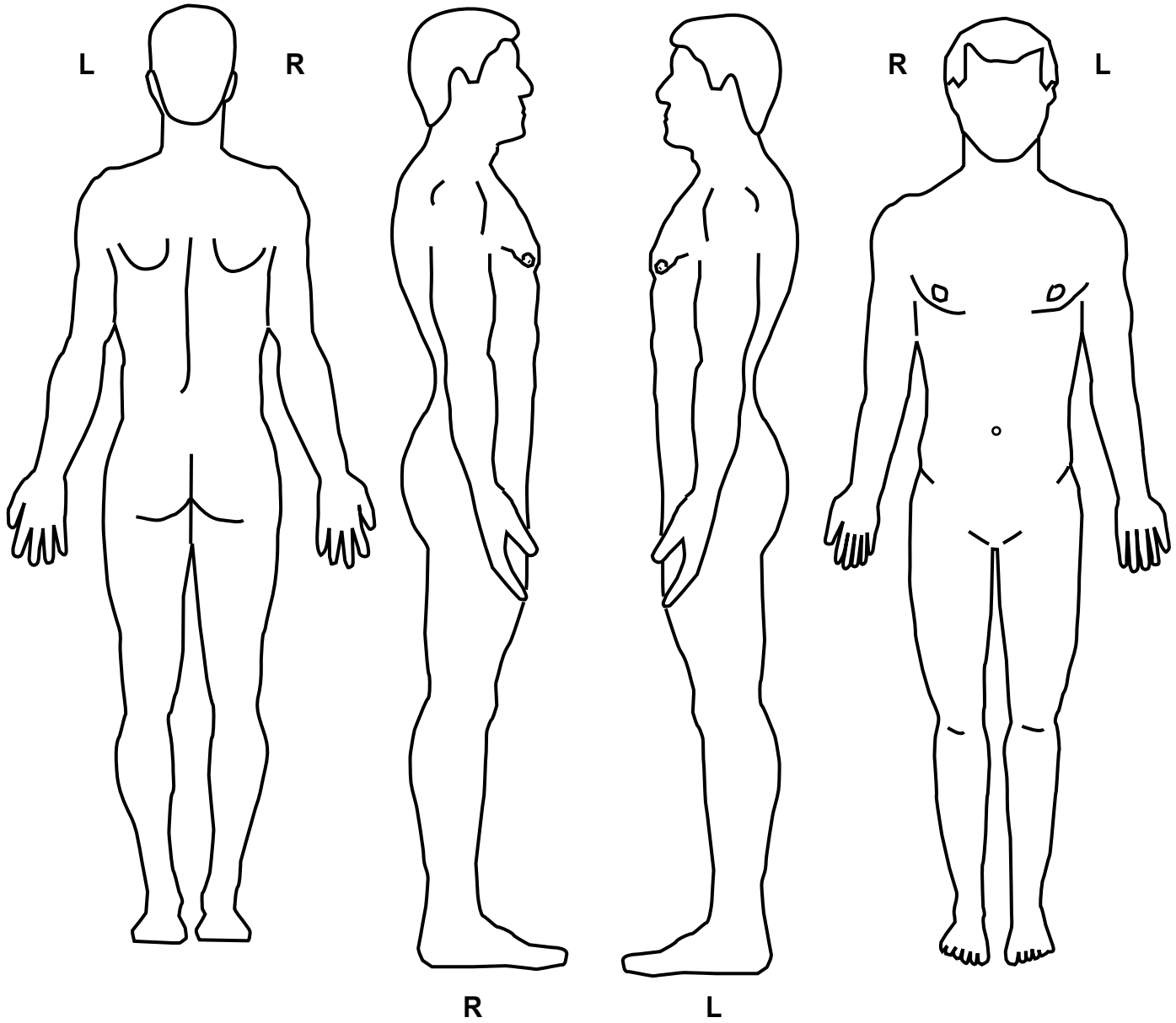
- Pain in upper arm
- Pain in forearm
- Pain in hands
- Pain in fingers
- Pins & needles
- In arms
- In fingers
- Fingers go to sleep
- Cold hands
- Swollen fingers
- Loss of grip strength

### **Hips, Legs & Feet**

- Pain in buttocks
- Pain in hip
- Pain down leg
- Knee pain
- Leg cramps
- Pins & needles in legs
- Numbness in legs
- Numbness in toes
- Cold feet
- Swollen ankles
- Swollen feet

# PAIN DRAWING

Name \_\_\_\_\_ Date \_\_\_\_\_



**Mark as follows:**

**A - Ache B - Burning N - Numbness P - Pins & Needles**

**S - Stabbing O - Other - Describe \_\_\_\_\_**